

**CRITICAL REVIEW: CHIVA CONFERENCE May 12<sup>th</sup> 2017**  
**CHIVA Youth Committee Symposium supported by ViiV Healthcare**  
CHIVA Youth Committee

This session presented by the CHIVA Youth Committee (CYC) consisted of sketches followed by discussion. CYC members played the roles of clinicians and patients to demonstrate issues during appointments and best-practice recommendations for how to improve.

1) A patient is frustrated while the clinician asks questions quickly without taking the time to make sure the meaning of blood pressure or viral load is understood. Some criticism is felt towards the patient when told that they may have to begin second line therapy if they don't improve adherence.

2) The interaction feels like an interrogation in which the clinician begins the appointment with bad blood results and is not open to answering questions. The young person is frightened and leaves unsatisfied.

3) A smoother interaction, with the clinician asking the patient about life first before asking if there are issues with medications. The clinician is supportive and makes the patient feel like an individual. This builds trust and a relaxed environment.

Learning outcomes from sketches were:

- Explain everything in simple language
- Be respectful of their time (particularly if they have already waited a long while)
- Do not assume they will ask questions just because they are given the opportunity
- Be aware of the flow of clinic and plan for longer appointment times

A conversation between two young people was played, demonstrating the significance of clinic team members in the lives of HIV positive young people. Close relationships with clinicians and nurses are valued and positively impact the outcomes of clinic appointments. Lastly CYC members presented a variety of resources for doctors and patients available on the CHIVA website.

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